# 2017 Academy of Behavioral Medicine Research Annual Meeting Program Transdiagnostic Risk Mechanisms: Accelerating the Impact of Behavioral Medicine (Draft)

### La Fonda on the Plaza, Santa Fe, NM

## Wednesday, June 21, 2017

6:00-8:00	Cocktail Reception and Group Dinner with New Member Introductions: <b>Anna Marsland, PhD</b> and <b>Daichi Shimbo, M.D.</b>
8:00-9:00	Welcome and Opening Remarks- Jim McCubbin, PhD Evening Address: Patti Ganz, M.D., UCLA Fielding School of Public Health, David Geffen School of Medicine at UCLA, Estrogen and Breast Cancer: Exploring the Mind-Body Connection

## Thursday, June 22, 2017

7:30-8:30	Continental Breakfast	
8:30-10:15	Self-Regulation and Health Damaging Behavior. Moderator- <b>Susan Czajkowski, PhD</b>	
	Mustafa al'Absi, PhD- Stress and smoking relapse	

Mustafa al'Absi, PhD- Stress and smoking relapse Ryan Rhodes, PhD- Exercise and physical activity Warren Bickel, PhD- Perspectives on addiction TBN

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10:45-12:30 Health Disparities in Chronic Disease. Moderator- John Ruiz, PhD

**Paul Mills, PhD**- Stress, inflammation, and glucoregulation in Hispanics

Maria Llabre, PhD- Metabolic syndrome in Latinos

**Gaston Kapuku, M.D.**- Race, ethnicity, blood pressure, and cardiovascular

disease TBN

#### 12:30-4:00 Lunch and free time on your own

4:00-5:00 The Neal Miller Award: **TBN** 

5:00-6:00	The ABMR Lifetime Achievement Award: <b>Steve Weiss, PhD</b> , and <b>Karen Matthews, PhD</b>				
6:00-8:00	Cocktail Reception and Group Dinner with New Member Introductions (cont): <b>Anna Marsland, PhD</b> and <b>Daichi Shimbo, M.D.</b>				
8:00-9:00	Evening Address: <b>Melvina L. McCabe, M.D.</b> , University of New Mexico School of Medicine, Native American Health Challenges				
Friday, June 23, 2017					
7:30-8:30	Continental Breakfast				
8:30-10:15	Stress and Neuroendocrine Mechanisms in Health and Disease. Moderator- Liz Brondolo, PhD  Daichi Shimbo, M.D Biomarkers in cardiovascular disease Susan Girdler, PhD- Ovarian hormones in health and disease Willem Kop, PhD- Stress and heart disease TBN				
10:15-10:45	Coffee Break				
10:45-12:30	Sleep Deprivation and Health. Moderator- Michael Irwin, M.D.  Martica Hall, PhD- Sleep, inflammation, and mortality  Matt Burg, PhD - Sleep, stress and health  Tavis Campbell, PhD- Insomnia in cancer survivors  Karen Matthews, PhD- Stress, sleep and health implications				
12:30-2:00	Group Lunch and New Members Introductions (cont): <b>Anna Marsland, PhD</b> and <b>Daichi Shimbo, M.D.</b>				
2:00-3:45	Depression and Anxiety in Chronic Disease. Moderator- Matt Burg, PhD Karen Weihs, M.D Anxiety and depression in cancer patients Karina Davidson, PhD- Depression in cardiovascular disease Jeanne McCaffery, PhD- Genes, depression and diabetes Kenneth Freedland, PhD- Depression and heart failure				
3:45-4:15	Break				
4:15-6:00	ABMR Business Meeting				

Dinner- On your own, free time

# Saturday, June 24, 2017

7:30-8:30 Continental Breakfast

8:30-10:15 Brain Mechanisms, Emotion and Arousal. Moderator- Julian Thayer, PhD
Richard Lane, M.D.- Brain and arousal mechanisms
Daniel Mroczek, PhD- Emotional reactivity and mortality
J. Richard Jennings, PhD- Medial prefrontal cortex and heart rate variability
TBN

10:15-10:45 Coffee Break

10:45-12:30 Transdiagnostic Interventions in Chronic Disease. Moderator- **Redford Williams, M.D.** 

**Michael Antoni, PhD**- Stress Management to Probe Disease-Relevant Biobehavioral Processes in Cancer Patients

**Ed Suarez, PhD**- Reducing blood glucose and depression in persons with prediabetes

**Christopher France, PhD**- Virtual Reality Gaming in Treatment of Chronic Pain

Daniel J. Buysse, M.D.- Sleep interventions

#### 12:30-6:30 Lunch and free time on your own

6:00-8:00	Cocktail Reception and Dinner
8:00-9:00	Presidential Address: <b>Jim McCubbin, PhD</b> - CNS Function and Emotional Dampening in the Prehypertensive Brain

Meeting Wrap up: Jim McCubbin and Jerry Suls